

Junior Premier league youth development programme

Rules Fall 2022 - Spring 2023

U7

* Format: 4v4 – No Goalie
  + No cherry picking allowed
* Tournament roster will be used for games
  + Tournament roster will be used for games and must be presented to the referee
* Field size: 25x35
* Goal Size[:  4x6](https://bownet.net/products/4x6-soccer-goal)  Bownet Style
* Ball Size: 4
* Game length:  4 - 10 min quarters with a 2 min break in between 1 & 2 and 3 & 4 quarters with a 5 min half time.
* ​Players NOT on roster are NOT allowed to play.
  + Present rosters to referee at each game
  + A minimum of 3 players to start a game from each team
* Referee:  1 center ref cost $15 per game per team ( $30.00 Total to be paid at the field)

Rules to be called for U7

* Kick –in: are given when the ball crosses the touchline. Players must give 5 yards to allow space for the kick in
* Foul: a foul is committed when a player trips or kicks an opponent, charges or slides from BEHIND and or holds onto his/her opponent.  An indirect kick will be awarded
* Corner Kick: is given when the ball is kicked passed the goal line by the defending team
* Goal Kick: is given when the ball is kicked passed the goal line by the offensive team
* Halfway retreat:  when a goal kick is awarded the defending players must stand at least at the halfway line until the ball is in play.  The position of the defending players is so that the attacking team has a chance to play the ball out of their penalty area.  Teams are encouraged to inter-pass the ball in order to advance up field.
* Punting: will not be allowed
* Handball: is called when a player INTENTIONALLY touches the ball with arm or hand resulting in advantage. HOT button topic.  The players are 3 feet tall almost everything is a handball.  An Indirect Kick to be awarded
* Substitution: can be made at anytime
* Heading: will not be allowed.  An indirect kick will be awarded at the spot of offense.
* No Penalty kicks are to be awarded

Remember this is about player development and that should be the focus. No scores or standings are kept. Coaches, Parents, Spectators, should be on their best behaviour.

Coaches set the tone

* Jerseys, T -shirts and Pennies: teams may play in any of these as long as they are of the same color. Numbers are not required.
* Home team provides the game ball. Size 4 in all games
* Sidelines: Coach/Team and Parents on one side. Opposing team on the other sideline. Home team chooses side.
* Parent/Sidelines should show respect for the laws of the game and demonstrate good sportsmanship towards players, referees, other coaches and parents.
* NO Earrings are allowed.

Referees in the Academy will mostly be new or younger persons.  Please remember to treat them with respect.  They will make mistakes and not make every call to your satisfaction.  There is only 1 referee on the field and missed calls will be made or not made.  It happens at all levels of play.

A picture containing text, room

Description automatically generated

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U8

* Format: 5v5 – 4 players plus a Goalie
* Tournament roster will be used for games
  + Tournament roster will be used for games and must be presented to the referee
* NO U6 players allowed on roster
* Field Size:  48x30
* Goal Size:  [6 x 12](https://bownet.net/products/6x12-soccer-goal) Bownet Style
* Ball Size: 4
* Game length:  4 - 10 min quarters with a 2 min break in between 1 & 2 and 3 & 4 quarters with a 5 min half time.
* ​Players NOT on roster are NOT allowed to play.
  + Present rosters to referee at each game
  + A minimum of 4 players to start a game
* Referee:  1 center ref cost $15 per game per team​ ( $30 total to be paid at the field)

Rules to be called for U8

* Breakout Line: located half way between the end line and half way line. The defending players must stand at least at the BOL until the ball is in play. Opposition players are not allowed in area until pass is made to play out. Players are considered “offsides” from the BOL to the goal line.
* Punting: will not be allowed
* Heading: will not be allowed.  An indirect kick will be awarded at the spot of offense.
* Handball: is called when a player INTENTIONALLY touches the ball with arm or hand resulting in advantage. Indirect Kick to be awarded
* Throw-in: are given when the ball crosses the touch line- U8 players
* Substitutions: can be made at any time
* Offside: a player is considered offside if she/he is past the last defender when receiving a pass. A player is not offside if they have the ball in their possession or on a throw in. CHERRY PICKING IS NOT ALLOWED and should be enforced by an obvious offside call.
* Direct Kick: is a free kick awarded to a team after a foul has been committed.
* Indirect kick: is a free kick after a foul is committed, however the ball must touch another player before scoring.
* Penalty Kick: is given after a foul is committed INSIDE the goal box​​.

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* Home team provides the game ball. Size 4 in all games
* Sidelines: Coach/Team and Parents on one side. Opposing team on the other sideline. Home team chooses side.
* Parent/Sidelines should show respect for the laws of the game and demonstrate good sportsmanship towards players, referees, other coaches and parents. Can we brand material for parents on conduct and respect - Yes we can
* NO Earrings are allowed.

Referees in the Academy will mostly be new or younger persons.  Please remember to treat them with respect.  They will make mistakes and not make every call to your satisfaction.  There is only 1 referee on the field and missed calls will be made or not made.  It happens at all levels of play.